Dear Parents,

I would like to acknowledge the effort and commitment of the School Learning Support Officers at Beverley Park School. As the title indicates their role at the school is to support the learning for students across the school. They are vital members of the class teams and also perform additional roles across the school context. The Beverley Park community is fortunate to have a team of SLSO who perform duties which include health care procedures, administration of medications and first aid. These duties are performed on a voluntary basis in the school and on community based programs.

Student mid-year reports have been sent home. These visual reports highlight some of the achievements your child has made during semester 1. Please take time to share this with them and to return the feedback sheet which was enclosed.

Parents, family and friends are invited to Beverley Park School for Education Week on Thursday 1 August at 9.30. The theme for Education Week in 2013 is Celebrating Our Stories. This will be an opportunity to celebrate the work and achievements of our students. Further details will be forwarded soon.

Be a Learner

This term the students have been learning about the expectations which support the school rule of Be a Learner. Green is our colour for Be a Learner. The behaviour expectations for the students at school and across their learning environments are:

- Listen and Do
- Try your best
- Work together
- Take turns

Using consistent language and a shared approach to support student behaviour, results in positive outcomes across the school.

Be a Learner was celebrated at our Green Mufti Day today. Thank you to everyone who supported the local 24 hour fight by making a donation for the mufti day which raised $79. The students enjoyed the fun activities which included music, art, games and cooking.

Thank you for your support during term 2 and enjoy a safe school holiday. Students will return to school on Monday 15 July.

Regards
Carmel Seeto
Principal

Upcoming Events

Dates for the diary

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<th>Date</th>
<th>Event</th>
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<tr>
<td>Friday 28 June</td>
<td>End of Term 2</td>
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<td>Monday 15 July</td>
<td>Term 3 commences</td>
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<tr>
<td>Tuesday 16 July</td>
<td>Family Movie Night</td>
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<tr>
<td>Thursday 1 August</td>
<td>Education Week event at Beverley Park.</td>
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P&C

Valued Partnerships

The committee and members of the P&C meet on the 3rd Monday of each month at 6pm at the school. They welcome all parents, family and friends to support the school by becoming a member of the P&C and contributing to their valued partnership with the school.

On Tuesday 16 July a Family Movie Night will be held. If you wish to purchase tickets please see the attached information.
Physical Development

All students participate in a variety of physical activities during the week. These activities contribute to the achievement of the PDHPE syllabus outcomes and to develop play, social and leisure skills of our students. These are life-long skills and exciting opportunities. A snap shot of these activities is highlighted in this newsletter. Your child’s report will also include photographs demonstrating some of these activities, sports and skills.

Beverley Park School has participated in the Active After School Community program funded through the federal government. This facilitates physical activities and sports for primary aged students which for our school includes gymnastics, swimming and modified games.

Secondary Programs

Yotala Gym

Each week small groups of students attend a dynamic and challenging session at the gym. These sessions are under the direction of qualified staff who demonstrate to our students the safe way to use the equipment at the gym.

Skills to be practiced include balancing, jumping and landing, climbing, stepping up and down, climbing in and through, working together, waiting and turn taking.

This is a wonderful way to focus on the school rule of Be A Learner by trying your best, listening and doing, working together and waiting your turn.

Celebrating their achievements is the highlight of each gym session for our students and staff.

What is Live Life Well @ School?

Beverley Park School has formed a partnership with the NSW Department of Health to implement the Live Life Well @ School program. There will be more information to come in Term 3, as well as some free resources to be sent home.

Get On Board the Health Revolution!

Live Life Well @ School (LLWatS) is a joint initiative between the NSW Department of Education and Communities and NSW Ministry of Health that aims to get more students, more active, more often, as well as improving students’ eating habits.

The program aims to develop teachers’ and students’ knowledge, skills and confidence in nutrition and physical education including fundamental movement skills, as part of the whole school Personal Development, Health and Physical Education (PDHPE) program.

The Live Life Well @ School Committee
Conductive Education

Secondary students attending Conductive Education sessions in term 2 have been studying Ancient History. The topic has been the Greek Gods, and students have been matching the names of the gods to their function in ancient Greek mythology. We have worked hard with our stretching to imitate Zeus shooting down lightning bolts with our rods, and Poseidon swimming underwater to catch sea animals. We have learnt to hold our rods in both the vertical plane and the horizontal plane, and have practised our number recognition skills to identify the number of lightning bolts to deliver and sea animals that we will swim after. Apollo has been shooting arrows at the sun, and Hermes has had a vertical message stick delivering messages around the kingdoms. Aphrodite, as the Goddess of Love and Beauty has been counting hearts and Ares, the God of war, has been slaying dragons. All of this is happening whilst we are practise our sitting and standing balance skills.

Secondary 2 Class Sport

Monday would have to be Secondary 2’s favourite day of the week, as this is our Sports day. This term we have been focusing on developing bike riding skills with great success. Each student has a great time bike riding even following our red and green traffic lights for… Go and Stop. There is even a friendly competition to see who can complete the most laps of the track. If our students are waiting for their turn they are busy balancing on the new outdoor balance beams, using the ribbons or just using the time to play with our classmates outside in the fresh air. We are always busy and making sure we have plenty of water to drink. It has been great to see each student use the skills and knowledge gained each week and see the fantastic progress made bike riding and developing gross motor skills overall. We look forward to each and every day but Monday is the class favourite and we can’t wait to get back on the bicycles and see who wins next Monday.

Secondary 4 and 5

Yoga

“Downward dog,” “the eagle”, “elephant and butterfly,” are yoga positions secondary students are learning in the weekly yoga session. Yoga is part of the PDHPE course where select secondary students are enrolled in for Years 11 and 12 focusing specifically on the outcome “Demonstrates movement skills when participating in physical activities, team games and sports”. Practising yoga positions, develops balance, deep breathing and trunk strength. The lesson involves students watching and copying Yoga movements from a DVD shown on the interactive whiteboard. Eileen Pietrini, the co-ordinator of the program, demonstrates warming up exercises to encourage deep breathing. This is followed by balance and core strength exercises and finally a cool down routine. Basanta and Tracy follow the instructor to stretch into “star fish” position, standing up tall with arms and legs outstretched. Joshua, Christopher, Luke and Vincent balance in “dancer and warrior” positions for up to a minute.
Secondary Sport S2 and S3

Under the direction of Eileen and Margaret the program co-ordinators and supported by Alenka the class SLO, a secondary group of students from Secondary 2/3, participate in sport for one session a week. The goal is for students to develop physical movement skills by participating in tabloid sport and group games. To assist with communication, a large portable board with Boardmaker visuals and remnants, as well as verbal cues, are used to pre warn students as to upcoming specific physical activities and give instructions. This is a wonderful opportunity to reinforce Positive Behaviours in Learning: To be Safe Respectful Learners during Sport. Positive behaviours are encouraged where students are motivated “to try their best,” learn to wait their turn and develop good sportsmanship.

Lessons include “warm up” exercises, stretching exercises, walking laps around the playground, practising ball skills (throwing and catching) and group activities which include T ball, bowling and/or parachute games. With varying levels of assistance, all students participate in all activities. We take advantage of the fixed playground equipment, where we practise stepping up/down steps and experience the sensory sensation of height ‘high and low’. We use the outdoor trampoline to encourage students to jump to strengthen leg muscles. Whilst walking, students attempt to improve their own performance, by increasing the number of laps they can walk around the playground. Some students stop at the playground mirrors for a look in and a rest, before continuing the circuit.

All students have made good progress - Well Done!!!
Monday afternoon swimming squad
Vincent, Rachel, Nawid, Tracey, Joshua, Luke, Christopher, Basanta and Adam. S4 and S5 look forward to swimming for fitness each Monday afternoon in the school pool. Students enjoy participating in aqua aerobics and swimming training. During aqua aerobics students participate in team exercises such as moving their arms and legs in a circular motion and walking and jogging forwards and backwards in the water. During swimming training students practise stroke correction, breathing technique and water confidence. Joshua and Luke have completed up to 30 laps of the school pool while practising their freestyle! Vincent enjoys practising the dog paddle and can complete up to 20 laps! While Tracey is very agile in the water and loves diving under the water and floating on her back. Nawid confidently kicks up and down the pool on his back while Rachel, Christopher, Adam and Basanta are enthusiastically improving their water fitness and confidence on a weekly basis. Wow Monday swimming squad you are becoming very confident and fit in the water! ............And we always feel so relaxed afterwards 😊

Primary Programs
Yotala Gym
This year some students from the primary classes have been able to attend Yotala gym each Tuesday. This is an amazing opportunity for the students to practice their social skills and learn basic gymnastic and movement skills to enhance their development in gross motor activities. Students engage in activities such as, balancing, hopping, leaping and skipping. All of these activities are part of the fundamental mental movement skills that are part of the Personal Development Health and Physical Education Syllabus. As part of our community access program students are learning how to behave in a social context outside of their school environment. Attending Yotala gym allows them to practice both their communication and social skills such as using their manners, turn taking, asking for support and being part of a team. This is an engaging program and as you can see by the photos below a program that the students enjoy.
Primary Sport

Shhh….. they’re coming.
Why are they wearing coloured bibs?
Oh, that’s to show which team they’re in.
Who are the others?
Oh, they’re the staff, and high school students from Leumeah. They vol-un-teer.
Look, two of the kids are kicking a ball through a tunnel.
I know, and another two little ones are kicking into a goal net.
Now some of the little ones are kicking between the orange cones.
I heard them calling those things ‘witch’s hats’.
Spooky.
I know – I think they’re magic, because the little ones kick really well there.
Now they’re sharing a ball.
It called ‘passing’ and they do it with their feet only.
Crazy……………..They seem to like using their feet.
It’s called ‘kicking’.
I know, you told me before.
They ‘dribble’ too.
Ew! Gross.
Sh….. they’re about to practise shouting.
Why?
Well, it has something to do with kicking a ball between the spooky hats.
Why do they punch the air?
Oh, they do that when they shout that word.
Listen……
I heard it! They’re shouting ‘score’!
Yep. They play a game and shout that when they kick a goal. It’s called ‘scoring’.
I know that. They get very excited don’t they?
Yes and I’ve noticed that they’re also ‘kicking’ better.
Not high enough to get us though…… yet.
Well, I’d have to agree with you. Hang on, now they only have one ball and they all want it.
They’re doing ‘Soccer’. It’s from ancient China, or Greece.
NO….!!!?? I think it’s from Australia. I suppose you know more about the world ‘cos you’re an Indian Myna bird, but we Magpies know a lot about Australia, and I’m telling you –soccer’s Australian. Sh…..
They’re leaving, I think they have lunch now.

Personal Development Health and Physical Education for P3

Students from P3 participate in a variety of activities to support health and physical education. The students are engaging in activities that support the fundamental movement skills such as hopping, catching and static balance during our primary sport each Friday. We attend hydrotherapy in our school swimming pool increasing student understanding of water as well as some stretching and movement activities to support individual mobility programs. We are lucky enough to have bikes to ride in the hope playground around our ‘bike track’. One of our favourite activities is going to Appin Park as it is a fun place to practice and generalize skills we have learnt at school and gym. Our breakfast and cooking program supports healthy eating and encourages the students to make healthy choices.
Conductive Education

Primary students attending Conductive Education sessions in term 2 have been studying “Insects and Spiders”. Cockroaches have been crawling, spiders have been spinning webs, scorpions have been using their stingers and grasshoppers have been jumping. We have been matching the insect’s name to its photo, and practising our number recognition skills. Moving our arms using rods and sitting with crossed legs on the floor has given our bodies a stretch and helped us to practise our balance skills.

RDA

Seven of us look forward to very second Tuesday because that is the time for Riding for the Disabled at Tahmoor. Our students eat morning tea while they wait for their turn to ride either Narla, Sid or Appy. They pat their horse, hold the reins and sit with backs straight while they walk around the bush track. Riding for the Disabled is staffed by trained volunteers who go fortnightly to allow our students to experience the pleasure of riding a horse while practising many therapy skills. Some of these volunteers bring their horses with them and other ponies are on agistment nearby. For each rider there is a horse leader and two volunteers who walk each side of the student. Others assist the student to mount and dismount, always from the correct side. We really appreciate the time that is freely given by these volunteers and when we thank them they say that the smiles on the children’s faces are thanks enough.
Beverley Park School P & C

Presents...

**Date:** Tuesday 16th July 2013  
**Time:** 6.30pm  
**Place:** Dumaresq Street Cinemas  
**Campbelltown**  
**Cost:** $6.00 per ticket  

Come along and enjoy a great family night out!  
All money raised will be used to fund programs and purchase equipment for our students.  
Please return the slip below with correct money by Friday 12th July - your tickets will then be sent home.

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**P & C Movie Night - Monsters University**

Name: ________________________________
Number of tickets: _______ Date: _______
Amount enclosed: ____________